



October 2020

Monday	Tuesday	Wednesday	Thursday	Friday
All Meals are served with Milk Breakfast served with Milk & Juice			Pop Tart, Fruit Burrito, Refried Beans, Fruit	Frudel, Fruit Chicken Strips, Mixed Veggie, Fruit
Cereal, Fruit Lil Smokies, Carrots, Roll, Fruit	Pop Tart, Fruit Hamburger, Baked Beans, Fruit	Zee Zee Bar, Fruit Baked Macaroni, Broccoli, Fruit	Waffles, Fruit Pulled Pork Sandwich, Sweet Potato Fries, Fruit	Mini Pancakes, Fruit Pizza Sticks, Salad, Fruit
Cereal, Fruit Chicken Salad, Broccoli, Crackers, Fruit	Mini Pancakes, Fruit Italian Dunkers, Corn & Carrots, Fruit	Muffins, Fruit Corn Dog, Fries, Fruit	French Toast, Fruit Chicken Bacon Ranch, Carrots, Fruit	Pop Tarts, Fruit Meatballs, Black Beans, Breadsticks, Fruit
Cereal, Fruit Baked Macaroni, Broccoli, Fruit	Bagels, Fruit Hot Dog, Fries, Fruit	Pop Tart, Fruit Pizza Sticks, Salad, Fruit	Frudel, Fruit No Lunch Early Out	Fall Break
Fall Break	French Toast, Fruit Burrito, Carrots, Fruit	Cereal, Fruit Italian Dunkers, Corn & Carrots, Fruit	Muffins, Fruit Chicken Strips, Broccoli, Fruit	Pop Tart, Fruit Pulled Pork Sandwich, Sweet Potatoes, Fruit
				Shell Knob School is an equal opportunity employer and provider

