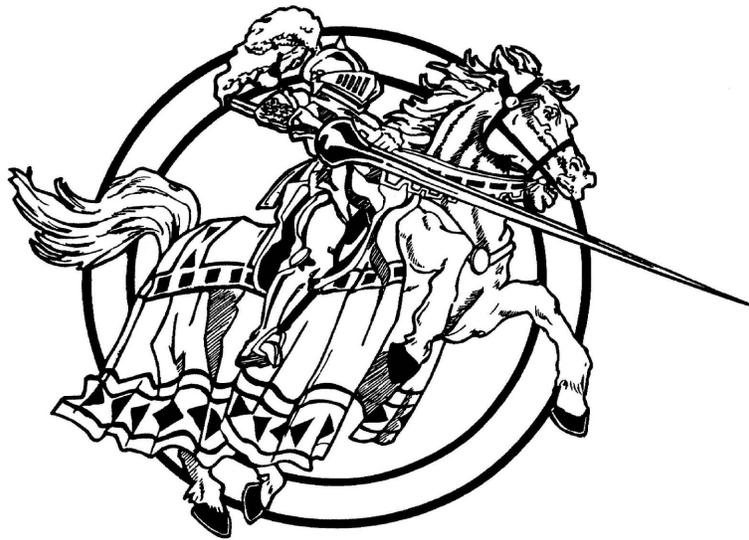


Shell Knob School

Home of the Chargers



Extracurricular Handbook

2019 - 2020

EXPECTATIONS FOR PARTICIPATION

Coaches will make every effort to play everyone based on hard work, desire, dedication, and commitment the player has demonstrated. There may be situations or games in which not everyone gets a chance to play. The coach will decide on who plays and how much. Efforts to schedule extra games and quarters will be made throughout the season to ensure playing time for everyone. At no time is it permissible to approach a coach/sponsor either directly before or following an event to talk about:

1. Playing Time
2. Coaching Style
3. Unfair Treatment

If there is something you would like to discuss with a coach/sponsor please call the school and make an appointment in which to do so. A meeting will be set-up for you. If you do approach a coach/sponsor before or after a contest to discuss such matters, you will be directed to the athletic director or administrator on duty. If you refuse to adhere to this protocol, you will be asked to leave the event.

REQUIREMENTS FOR ACTIVITY PARTICIPATION

Students who represent Shell Knob School in extracurricular activities are expected to be good citizens. Participation in extracurricular student activities is a privilege and not a right. In order to maintain the highest possible standards for participants in the Shell Knob School system, the following minimum requirements are established for all students participation in the activity program. *More restrictive standards may be required by each individual sponsor/coach.* These citizenship standards apply to students three hundred and sixty-five (365) days a year and twenty-four (24) hours a day, regardless of whether a student is on or off campus.

DOCUMENTATION NEEDED PRIOR TO PARTICIPATION IN ACTIVITIES

Prior to participating in any activity, or practice leading up to an activity, students must have the following documentation on file:

1. Physician's Physical form including student's verification of health insurance (completed after February 1 of the previous school year) **This applies only to students participating in athletics the seventh and eighth grades.*

2. Parent Permission Form (included)
3. Activity Handbook Form (included)

ACTIVITIES GOVERNED BY THIS ACTIVITY HANDBOOK

All MSHSAA governed activities including: All sports, cheerleading, band, vocal music, speech/debate and the academic team.

GRADE REQUIREMENTS FOR COMPETITION PARTICIPANTS

1. The student must have been promoted to a higher grade or higher level in special education at the close of the previous year. However, any such student who failed more than two scheduled subjects, or failed to make standard progress in special education, shall be ineligible for that three week grading period.
2. A student who is academically ineligible during the current quarter, but meets the academic standard at the close of the current quarter, becomes eligible the fifth day classes are attended in the following quarter.
3. The student shall be enrolled in and regularly attending the normal courses for that grade or must be enrolled in a full course in the public school special education program.
4. Students to be eligible to participate must maintain a "C-" average. They must have a minimum of a 4.0 on an 11-point scale in the preceding quarter prior to participation. This eligibility requirement will become effective after the first quarter of the seventh grade year. A student receiving a single grade of "F" or any two grades of "D" will be deemed ineligible for that grading period. Seventh and Eighth grade eligibility will be restored as soon as they meet the above criteria during that particular grading period. Fourth, Fifth, and Sixth grade eligibility will also be restored once their grades meet the above criteria.
5. A student shall be ineligible to participate in extracurricular activities if he/she has reached the following ages prior to July 1 preceding the opening to school: Grade Seven – 14 and Grade Eight – 15.
6. **Summer School** – Any student who fails to maintain a 4.0 grade average the second semester will be required to attend and pass the appropriate summer school classes in order to regain their eligibility at the beginning of the next school year.
7. Students who represent Shell Knob School in extracurricular activities must be credible citizens and judged so by the proper school authority certifying the students. If students are

found to be “non-credible” then they will not be allowed to participate in extracurricular activities.

ATTENDANCE REQUIREMENTS FOR PARTICIPATION

1. Students are required to attend school the day of a contest, unless **prior arrangements** have been made with administration.
2. A practice or game should not be missed unless previously excused by the coach/sponsor of that particular activity. If a practice is missed, the athlete/participant must have a written excuse explaining the reason for being absent. If the athlete has a dentist or doctor’s appointment a doctor’s note must be provided in order to be excused. We are trying to teach responsibility to all of our student-athletes. Therefore, if someone misses a practice, game, or performance, it will be the coach/sponsor’s decision to issue whatever consequence they deem necessary. Again, this consequence will be the decision of the coach/sponsor. It will not be up for discussion by the parents/guardians. Anything other than a doctor’s appointment or family emergency will probably be deemed as an unexcused absence. If the athlete leaves practice early, without being excused, their consequence will be based on the amount of time missed.

TRAVEL POLICY

1. On trips, participants directly represent the community, school, and coaches/sponsors. Therefore, it is expected that all concerned will dress in an acceptable manner when traveling and conduct themselves in a manner that will not bring discredit to the Shell Knob School District and community.
2. All participants are expected to travel to contests with their group and sponsor, with the exception of 4th, 5th & 6th Basketball, and 4th, 5th & 6th Volleyball. This age group will be participating in a league at the RecPlex in Branson. Parents will be responsible for transportation to and from the games. If unusual circumstances arise in which a student cannot ride to a contest with their group, prior approval must be sought from the coach. Coaches/sponsors may permit students to travel home from contests with parents. (These situations require that a parent sign their child out after contests, or send a note for prior approval from the athletic director/principal to allow their child to ride home with other parents). **Under no circumstances will students be allowed to ride home from activities with anyone under the age of 18.**
3. Developments in cell phone technology in recent years have resulted in enhanced communication opportunities. However, the use of cell phones in schools poses increasing risks of school disruptions, bullying, criminal activity, and academic dishonesty. The use of cell phones during extra-curricular travel will be regulated by the coach and/or sponsor of that particular activity. However, as of the 2015/16 school year, under no circumstances will cell

phones be allowed in any dressing/locker room area. Students will be able to use their cell phones before and after games as well as practices. Failure to follow these expectations will result in punishment deemed necessary by the coaches/sponsors and or administration. Failure to follow these expectations will result in suspension of further travel privileges (the degree of suspension will depend on the severity of the offense and will be determined by the sponsor/coach and the building administration).

STUDENTS PARTICIPATING IN TWO ACTIVITIES DURING THE SAME SEASON

1. Students are not allowed to participate in “open gyms”, as well as other non school competition in another sport, on the same day they are participating in a school-sponsored extra-curricular sports activity without permission from the head coach of the sport in which they are currently participating and the building administration.
2. Students may participate in activities such as band, vocal music, speech/debate, etc. during their sports seasons. From time to time, conflicts may arise where events are scheduled for both activities during the same time. Students are asked to look ahead at potential conflicts in schedules and let their sponsors/coaches know of these situations as early as possible.
3. A student who wishes to participate in two sports during the same season must obtain a consent form from the coach/sponsor as well as the athletic director and follow guidelines set down by the athletic department.

RULES PERTAINING TO STUDENTS WHO QUIT ACTIVITIES

Participants will not be allowed to quit one activity to join another activity within the same season after 3 days of practice without approval from both coaches/sponsors. Also, students will not be allowed to quit an activity of one season to begin an activity of the next season until the first season is complete without both coach/sponsor approval.

Extracurricular Attendance

Any students ineligible to participate are also deemed ineligible to attend any and all extracurricular activities. This applies to any and all athletes as well as non athletes.

GENERAL CITIZENSHIP STANDARDS FOR ACTIVITY PARTICIPATION

Student violations of the school district’s citizenship standards include:

- * Repeated referrals for disciplinary action by administration.
- * A single breach of the school district's discipline policies that the administration considers to be serious.
- * A violation of federal, state, or local criminal law that results in a summons being issued to the student, or charges being filed in court against the student proved to the satisfaction of the administration (minor traffic violation are not included)

Failure to follow the sportsmanship expectations established by the school and the state (MSHSAA), which include but are not limited to the following:

- * Show respect for the opponent at all times.
- * Show respect for your coaches/sponsors and officials. Never argue or make gestures indicating dislike for a decision.
- * Maintain self-control at all times, accepting decisions and abiding by them.
- * Accept both victory and defeat with pride and compassion, never being boastful or bitter.
- * Congratulate the opponents in a sincere manner following victory or defeat.
- * Accept the responsibility and privilege of representing the school and community in a positive manner.

Possession, use, sale or transfer of tobacco products, alcoholic beverages, controlled substances or drugs, as defined in the student discipline policy and board policy, at any time or location, proved to the satisfaction of the administration.

School uniforms and equipment are not to be worn other than during practice or during games. Participants are responsible for equipment that is lost or damaged.

All equipment that is not returned, such as jerseys and practice gear, must be paid for by the participant.

Any participant on suspension from school is not eligible to practice or participate in activities. Any student assigned to ISS is not eligible to participate in activities for the same number of days as the assignment beginning the day ISS is assigned.

Consequences:

The penalty for violation of these general citizenship standards may vary according to the seriousness of each offense. Penalties may range from reprimands from the sponsor/coach to permanent suspension from further participation in extracurricular activities. The

sponsor/coach will confer with the building principal to determine the amount and type of penalty assessed.

SPECIFIC CITIZENSHIP STANDARDS FOR ACTIVITY PARTICIPATION

Use and Possession of Tobacco

Students participating in extra-curricular activities are expected to refrain from the use and/or possession of tobacco.

Consequences:

First Offense – On a student’s first violation, he/she shall be suspended for the next activity/game

Second Offense – On a student’s second violation, he/she shall be suspended for the remainder of the activity season.

Third Offense – On a student’s third violation, he/she shall be suspended from all activities for the remainder of the school year.

Involvement in more than one program during the punishment period will result in suspension from each activity.

Violations involving the use and/or possession of tobacco do not accumulate from one year to the next.

Use and Possession of Alcoholic Beverages and Drugs

Students are expected to refrain from the use and/or possession of any beverage containing alcohol, as well as any substance (marijuana, cocaine, anabolic steroids, and other drugs) defined by the law as an illegal drug, unless specifically prescribed for the student’s own use by his/her physician. Violations include the following:

1. Alcohol, intoxicating liquor as defined in Chapter 311, RSMo, or alcoholic beverages
2. Controlled substances, counterfeit substances or imitation drugs as defined in Chapter 195, RSMo
3. Solvent, or tuluol, as defined in Chapter 578, RSMo
4. Controlled substance analogue as defined by Chapter 195, RSMo, and any substance which has a chemical make-up similar to any controlled substance, as defined above, and which when

ingested or otherwise used causes a condition such as intoxication, euphoria, dizziness, irrational behavior, stupefaction or hallucination.

5. Anabolic steroid or other similar compound that is derived from testosterone or prepared synthetically.
6. Drug paraphernalia as defined by Chapter 195, RSMo.
7. Prescription medications that are not prescribed to the student.
8. Prescription medications that are prescribed to the student (If the student sells or distributes the medication to others).

Consequences:

First Offense – On a student’s first violation, he/she shall be suspended for one-half of the activity season. The student will be removed from any office he/she holds in any club or activity.

The length of this suspension may be reduced to one-third of the activity season if the student voluntarily seeks a minimum of five (5) hours of counseling that specifically addresses alcohol and/or drug abuse. Parents of the student would be responsible for the costs of this counseling, as well as providing documentation to the building principal concerning successful completion of the required hours of counseling.

Second Offense – On a student’s second violation, he/she shall be suspended from all activities for 365 days.

The length of this suspension may be reduced to 180 days if the student voluntarily seeks a minimum of fifteen (15) hours of counseling that specifically addresses alcohol and/or drug abuse. Parents of the student would be responsible for the costs of this counseling, as well as providing documentation to the building principal concerning successful completion of the required hours of counseling.

Third Offense – On a player’s third violation, he/she shall be permanently suspended from co-curricular/extracurricular activities.

In keeping with our philosophy of encouraging honesty and proper values, students who are arrested or charged with violations of criminal law must inform the coach, athletic director,

or building principal within seven days of being arrested or charged with the criminal act. Failure to do so will result in suspension for an entire activity season.

IF LAW ENFORCEMENT PERSONNEL OR SCHOOL FACULTY MEMBERS WITNESS ANY OF THE ABOVE INFRACTIONS OF THE CITIZENSHIP POLICY, THE ADMINISTRATION WILL BE OBLIGATED TO EXAMINE AND INVESTIGATE THE ALLEGATIONS.

Penalties and violations for all citizenship violations shall accumulate beginning in the 4th grade and will carry over through the 8th grade.

All suspensions occurring at the end of the activity seasons will carry over to the next activity season. Involvement in more than one program during the punishment period will result in suspension from each activity.

Suspensions for students in the 8th grade will only be applied to activities the student has previously participated in the 7th grade. (For example: Students would not be able to serve a suspension in a sport/activity they had not previously participated in to avoid being suspended from another sport/activity). Eighth grade students would serve their suspensions in the next sport that they participate.

SPORTSMANSHIP

Sportsmanship is something we stress at the Shell Knob School District. We expect our students to respect the game, the opponent, the opposing school, and the officials. We do not allow our students to do otherwise. We also expect this of our parents and fans. You will be held to the same standards to which we hold our students. If you cannot be a respectful and positive supporter of our students, we ask that you not attend our event. You should be there to cheer and support Shell Knob School. You should not be there to demean the other team, school or officials of the event. If you are found being negative toward anyone involved in the event, you will be asked to leave. If you are thrown out of a contest by the officials, you will not be allowed to return to another event for the remainder of that season. If this behavior is done on the final game of the season, you will not be allowed at any event the remainder of that particular school year. We need all the support we can get at every event, in which we participate. However, that support must be (and only be) positive.

SPONSORS OF EXTRACURRICULAR ACTIVITIES 2019-2020

Athletic/Activities DirectorEthan Farr

MS VolleyballMacy Boyd

MS Asst Volleyball.....Kelsey Benson

Elem Volleyball (3-6).....Macy Boyd

Elem Asst Volleyball (3-6).....Millie Thompson-Krug

Track Mike Riepl

Cross Country.....Max Schuman

MS Cheerleading.....Angie Heuback

MS Boys BasketballNich Hurd

MS Girls Basketball.....Nich Hurd

5/6 Boys Basketball Nich Hurd

5/6 Girls Basketball.....Nich Hurd

MS Boys Asst Basketball Cody Hobbs

MS Girls Asst Basketball.....Cody Hobbs

Band Jan Everett

Drama Luana Varner

Jan Everett

Knowledge Bowl..... Max Schuman

Archery.....Ethan Farr

PARENT PERMISSION FORM AND ACTIVITY HANDBOOK FORM

I have read the Shell Knob Activity Handbook and I agree to comply with all the extracurricular activity standards. I understand that violations of these standards will result in disciplinary action.

Date

Student Signature

Date

Parent Signature